

Indo Tibetan Friendship Society and Tibetan Settlement Office, Dharamshala host Round Table Discussion on 11th Panchen Lama



Group picture of the participants who participated in the round table discussion on 11th Panchen Lama.

ITEA, July 1, Dharamshala: A round table discussion on the occasion of the 30th birth anniversary of 11th Panchen Lama was held on 29 June, organised by the Indo Tibetan Friendship Association and Tibetan settlement office Dharamshala HPTDC, Club House, at Mcleodgani. The discussion was attended by around 22 participants led by Mr. Ram Swaroop, Advisor, ITFA Dharamshala. Among the participants were, Mr. Kunga Tsering, Vice President of ITFA and settlement officer, Mr. Subash Nehria, Advisor, ITFA Dharamshala, and other Executive Members including Mrs. Dolma, Coordinator, ITFA and Mr. Kunchok Migmar, Staff of Tibetan Settlement Office. Representatives of Other Tibetan non-governmental organisations were also present. Ms. Dukten Kyi, Human Right Desk, Department of Information and International Relation was the key speaker of the event. The wide-ranging topic of discussions were held ranging from 10th Panchen Lama's mysterious death and 11th Panchen Lama's selection, forced disappearance, effort from various Tibetan office

and organisations to find the forcibly disappeared 11th Panchen Lama Gedhun Choekyi Nyima to the recent forensic sketch of 11th Panchen Lama by a forensic specialist that was telecasted on BBC News. The 11th Panchen Lama Gedhun Choekyi Nyima was recognized by His Holiness the 14th Dalai Lama is respected by all the Tibetans inside and outside Tibetan and the elected11th Panchen Lama Gyaltsen Norbu by the Chinese government is often referred as the fake Panchen Lama by the Tibetans.

Former staff of CTA offers Long Life prayer to His Holiness the Dalai Lama



His Holiness the Dalai Lama at the main temple earlier today at the long life prayer ceremony offered by Former staff members of CTA. Photo/Tenzin Jigme/CTA

Tibet.net, July 5, Dharamshala: Long life prayer offering, Tenshug was held at the Main temple this morning which is organized by the Former staff members of the Central Tibetan Administration. Many former staff members including Cabinet Ministers, Chief Justice, Secretaries and others have gathered from all across the world to offer the long life prayer for His Holiness the Dalai Lama. His Holiness the Dalai Lama greeted former officials the at the main temple as throne. he was escorted towards his The prayer to Buddha of daily practice in

three paths recited. was The ceremony began with His Holiness the Dalai Lama blessing the former officials of CTA. His Holiness the Dalai Lama thanked all the former staffs for their unwavering devotion, faith and spiritual bond. His Holiness also thanked for the fervent prayer for his long life. His Holiness the Dalai Lama spoke about the History of Tibet and coming into exile and lauded everyone in exile for working hard towards Tibetan spiritual and temporal matters. His Holiness further spoke on the bond that India and Tibet share since we came into exile and the Nalanda tradition. "Many scholars are now aware that the tradition of Buddhism that we have is in the pure lineage of Nalanda Tradition. We lost our freedom but we got a very good opportunity so given the opportunity we can shine our own courage, determination, resilience and wisdom, " said His Holiness the Dalai Lama. the profound teaching On including logic and philosophy, His Holiness mentioned that profound teachings can be explained in Tibetan as the Sanskrit language is known only to a few scholars and thus His Holiness expressed the importance of Tibetan language. His Holiness also expressed the need to preserve and promote Buddhist tradition and mentioned that those who know Buddhist tradition knows that this tradition is not something which is followed on blind faith but through reason and logic.

"The worst case was Tibetan people and cultural tradition were at the verge of destruction and extinction and we were born at such time. We have a very unique and profound tradition which we were able to keep alive and this is our contribution. So Tibet as you all know is called the land taken care of by Avalokiteshvara." His Holiness said to the former officials present at the ceremony. His Holiness assured the former officials who have worked for the Tibetan administration for more than decades that they will be guided and taken care of by the Avalokiteshvara afterlife as they share a special connection with the Avalokiteshvara. His Holiness the Dalai Lama in his conclusion speech expressed his determination to live long.

Thousands in Dharamshala wish His Holiness the Dalai Lama a Happy 84th Birthday



Chief guest Honourable Shri Kishan Kapoor, Supreme Justice Commissioner Kargyu Dhondup, President Dr Lobsang Sangay and Speaker Pema Jungney cut a birthday cake in celebration of His Holiness the Dalai Lama's 84th birthday at Tsuglagkhang, Dharamshala, 6 July 2019.

Tibet.net, July 6, Dharamshala: His Holiness the 14th Dalai Lama Tenzin Gyatso turned 84 today amidst an outpour of sentiments of gratitude; fervent prayers for his long, active life; and in celebration of his practical teachings on embodying values of warmheartedness, compassion, understanding and forgiveness as pillars of world peace. The courtyard of His Holiness the Dalai Lama's temple brimmed with spirit of celebration and festivity and gratitude as thousands came together celebrate the momentous birthanniversary of the world peace icon and Tibet's most revered spiritual and moral leader. Heads of the three pillars of Tibetan democracy as well as heads of autonomous offices of CTA. an illustrious delegate of former CTA leaders and officials, Ama Jetsun Pema and other Yabshi family members were among the Tibetan dignitaries at the event. Chief guest Shri Kishan Kapoor, Member of Indian Parliament and former Minister of State for Industries and Transport, in his keynote offered heartfelt greetings on behalf of the people of Himachal Pradesh and particularly expressed gratitude to His Holiness for making Dharamshala one of the most well known destinations for peace and tranquillity in the world. "We feel blessed that His Holiness the Dalai Lama has chosen Dharamshala as his abode after coming into exile. Since then, Dharamshala has become a wellknown destination all over the world. Today, the whole world wants to come here. And I take this opportunity to deeply thank His Holiness the Dalai Lama." Hon Shri Kishan Kapoor called

His Holiness the foremost moral and spiritual leader in the world today. He paid tributes to His Holiness the Dalai Lama's lifelong efforts to bring peace in the world and also paused applaud the successful to leadership of Central Tibetan Administration in keeping intact the unique identity, culture, history and the practice of Tibetan Buddhist tradition in exile. The President Dr Lobsang Sangay said in his remarks, "His Holiness has always spoken of the special historic and karmic relationship shared between the Dalai Lamas and the Tibetan people. We Tibetans are eternally grateful to the lineage of the Dalai Lamas and ever more so to His Holiness the Fourteenth Dalai Lama for being our ray of hope and our source of strength in our times of darkness. Speaker Pema Jungney, Tibetan Parliament-in-Exile remarked "His Holiness the Dalai Lama's four commitments in this life has been of infinite benefit to all sentient beings ... "

His Holiness the Dalai Lama's 84th Birthday celebration at India Habitat Centre, New Delhi



Dinner reception organised by the Bureau of His Holiness the Dalai Lama, New Delhi. Photo/BHHDL BHHDL, July 7, New Delhi: The

Bureau of His Holiness the Dalai Lama, New Delhi hosted a dinner reception at the India Habitat Center on 06th July 2019 to celebrate the 84th birthday of His Holiness the Dalai Lama. More than 250 guests including Ambassadors, embassy official, former Indian bureaucrats, diplomats, media persons and Tibet supporters attended the reception. Representative Kasur Dongchung Ngodup personally greeted and welcomed each of the dignitaries to the reception. The evening began with an enchanting prayer recitation for the long life of His Holiness the Dalai Lama by a group of monks from Samyeling Tibetan Settlement. Secretary Mr. Karma Choeving welcomed and thanked everyone present for gracing the occasion. Dr. Lobsang Sangay, the President of Central Tibetan Administration also spoke on the occasion at length and thanked the invitees for their presence. Amongst the prominent Tibetan guests were Khenpo Sonam Tenphel, Former Speaker of the Tibetan parliament and an incumbent member of the Tibetan parliament, Geshe Kunga Sotop, Member of Tibetan parliament, Kasur Gyari Dolma, Former Minister of Home, CTA and Gyari Pema Gyalpa, Former Representative of His Holiness the Dalai Lama to Japan. The evening concluded with a traditional Tibetan Circle Dance (gorshey) by the executive of members the Regional Tibetan Women's Association and staff members of the Bureau of His Holiness the Dalai Lama.

Tibet Support Groups celebrate His Holiness the Dalai Lama's 84th Birthday



His Holiness the Dalai Lama's birthday celebration in Hazaribag, Jharkhand. Photo/ITFS Hazaribag

ITCO, 10th July, New Delhi: His Holiness the Dalai Lama's 84th birthday was celebrated all over the world with great joy and gratitude on 6th July 2019. Likewise, Tibet Support Groups in India also celebrated the day. In Hazaribag, Jharkhand, as every year, this year also the birth anniversary of His Holiness the Dalai Lama was held as a function in the national context at Jain Bhawan, Bara Bazar. The program was chaired by Shri Sudesh Kumar Chandravanshi, President, ITFS Hazaribag. The Chief Guest during the occasion was Shri Manish Jaiswal, MLA, Guest of Honour Shri Ajit Kumar Singh, Forest Patron, CF and Special Guest Shri Mahavir Lal Vishwakarma. Hundreds of intellectuals and social workers were present. They all prayed for the long life of His Holiness the Dalai Lama and freedom of Tibet. In Muzaffarpur, Bihar, Indo Tibet Friendship Society celebrated His Holiness the Dalai Lama's birthday at Lalit Narayan Tirhut College, Muzaffarpur. The day was celebrated with great joy and happiness. ITFS

members and students of the college joined the celebration. They were briefed on the topic of "Sixty Years of Tibet Liberation Sadhana". All were determined for the freedom of Tibet. They prayed for the long life of His Holiness the Dalai Lama. In Mau District, Uttar Pradesh, the birthday of His Holiness the Dalai Lama was celebrated at Girls Inter College, Chitrakoot. On this occasion, the college manager Shri Sunderlal Suman kept his statement on the freedom of Tibet, security of India and the ultimate prayer for the long life, good health and prosperity of His Holiness. In Lalitpur, Uttar Pradesh, Students and Youth for Tibet (the youth wing ITFS) celebrated the birth anniversary of His Holiness the Dalai Lama at Drona Academy Teaching Institute, Lalitpur. The students and youth were told about the teachings of Dalai Lama and Tibet. They all wished for the long life of His Holiness the Dalai Lama and Tibet should be free as soon as possible.

India, its people done a lot: Tibetans



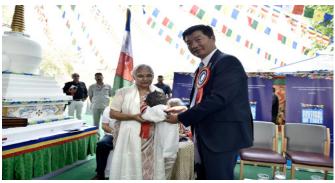
Tibetans in exiles throw barley flour in the air at the end of prayer session in Dharamsala. (File Photo)

IANS, July 16, Dharamshala: For Tibetans in exile, the Indian government and people of India have done a lot for Tibet. Even Tibetan spiritual leader the Dalai Lama calls himself a "son of India". However, they say if the people in Tibet were to get more autonomy within the Chinese constitution it could be achieved only through the political support of India and its people. "China has occupied Tibet and we expect India has the only legitimacy and credibility to speak about Tibet," a senior Central Tibetan Administration (CTA) functionary told IANS on Tuesday. "It is due to India's consistent generosity and kindness, we, the people in exile, have been able to preserve

our ancient cultural heritage in exile," he added. Amidst the tensions with China last year, the Indian government was reported to have cautioned its senior officials to stay away from events aimed at marking the start of the Dalai Lama's 60th year of exile. After canceling events in the national capital, the Tibetan government-in-exile started pan-India "Year of Gratitude" programmes here. The Dalai Lama escaped from Tibet to India in March 1959. After the cancellation of events in the national capital, the Dalai Lama, in an interview to CNN News18, had said he "doesn't care about how Chinese pressure forced the cancellation of the events of the Tibetan government-in-exile in Delhi". He said it was more about "how you feel for Tibetans and how Tibetans feel for India". Expressing gratitude to his followers, the Dalai Lama in a statement on July 10 said: "I am whole-heartedly committed to reviving an appreciation of ancient Indian knowledge among young Indians today." On his return to his homeland, an optimist Dalai "Yes". Lama says, "I remain optimistic that I will be able to return to Tibet. China is in the process of changing," a post on his website quoting the Dalai Lama said. "If you compare China today to 10 or 20 years ago, there is a tremendous change. China is no longer isolated. It is part of the world community. Global interdependence, especially in terms of economics and environment making it impossible for nations to remain isolated. "Besides, I am not seeking separation from China. I am committed to my middle-way approach whereby Tibet remains within the People's Republic of China enjoying a high degree of self-rule or autonomy," he added. Though living in exile in India for over half a century, thelongingtoseetheirhomelandhasnotwanedamong the Tibetan residents in this north Indian hill town. "I am keen to set foot on the soil that I left decades ago," said Tenzin Namgyal, an octogenarian living here since the 1960s. Central Tibetan Administration President Lobsang Sangay on Friday greeted Prime Minister Narendra Modi on his victory in the Lok Sabha elections. But Tibetan activist and poet Tenzin Tsundue, who is

bornandbroughtupinIndia, believes that India has never been in a superior position to counter China on Tibet. "What India has been able to do was protect its interests quietly until Doklam, that's when stood the ground firmly," he India said. Sixty years ago, some 80,000 Tibetans, along with their spiritual leader the Dalai Lama, left Lhasa after a failed uprising against the Communist rule over Tibet and fled to India. The Tibetan exile administration. called the CTA, is based in this northern Indian hill town, where the spiritual leader also lives.

CTA President condoles demise of former Delhi Chief Minister Sheila Dikshit



CTA President Dr Lobsang Sangay with former Delhi CM Smt Sheila Dikshit at the inaugural ceremony of Cultural Festival of Tibet, IIC, 2 April 2018.

Tibet.net, July 20, Dharamshala: President Dr Lobsang Sangay condoled the demise of veteran Indian leader and former Delhi Chief Minister Sheila Dikshit who passed away at the age of 81 after suffering a cardiac arrest on Saturday. Extending his heartfelt condolences to family and loved ones of Smt Sheila Dikshit, Dr Sangay said he was deeply saddened to hear that the veteran Indian leader and dear friend of Tibet is no more. "A stalwart Congress leader, Former Union Minister, Member of Parliament and longest serving Chief Minister of Delhi, Smt. Sheila Dikshit devoted her entire life to the service of the nation and society. Throughout her 15-year stint as the Chief Minister of Delhi, she made immense contribution to the state and her governance ushered all-round development the national capital," the President said. of Furthermore, he said, "She was a staunch supporter and long time friend of Tibet and Tibetan people who had deep reverence for His Holiness the Dalai Lama.

She played a vital role in ensuring the welfare of Tibetans living in India especially Tibetan residents of Delhi." "Tibet and Tibetan cause has always remained dear to her heart for she always stood and supported for the cause of Tibet and Tibetan people." He concluded, "Tibetans worldwide will forever remember her as a torch bearer of Tibetan movement in India and a true friend. Our thoughts with the bereaved family and supporters." are Smt Sheila Dikshit was the president of the Delhi Congress. The veteran politician was the longest-serving chief minister of the Indian capital, serving for three terms from 1998 to 2013. She also served as the governor of the southern state of Kerala. Dikshit became an MP for the first time from Kannauj Lok Sabha seat in Uttar Pradesh in 1984. She was also a close associate of former Prime Minister Rajiv Gandhi and a minister in his cabinet. She breathed her last on Saturday in a cardiac arrest.

India has to stand up to China on Dalai Lama's succession



14th Dalai Lama (Associated Press)

DNA, July 23, New Delhi: India, in its attempt to strike a rapport with China, should not renege on her time-honoured stand on Dalai Lama. Earlier, the NDA government had issued a note to senior officials, asking them not to attend events organised by the Tibetan government-in-exile. India has also supported the 'One China' policy, which states that Taiwan and Tibet are part of China's mainland. Beijing made the 'One-China' policy a prerequisite for countries to establish diplomatic ties with it. Chinese authorities have warned that Dalai Lama's successor has to be decided within China and any 'interference' by India will impact bilateral ties. The Tibetan spiritual leader has taken China to task for raking up the issue of his successor, asserting that the subject would be decided by the people of Tibet. By tagging its sensitivities on Dalai Lama as a perquisite for settlement of the border dispute with India, China runs the risk of overusing its Tibet card, which India must not lose sight of. Though Nehru's unwillingness to condemn China's invasion of Tibet and the expulsion of Dalai Lama in the 1950s was a mistake, his decision to give refuge to the spiritual guru and the ruler of Tibetan Buddhists, in India on March 1959, cannot be faulted. The Uighurs have been condemned to a fate similar to the Tibetans, fighting Chinese domination for centuries, enjoying brief periods of independence twice during the twentieth century, facing threats from Han Chinese migration alongside rigours of "centrally" planned development policies besides being subject to newly- strengthened anti-terror measures. All of this cannot be and is not Western propaganda. Nehru signed the agreement in 1954, knowing fully well that Tibetans would be disappointed. In 1959, following a crackdown on an uprising by the local population in Tibet, the 14th Dalai Lama, Tenzin Gyatso, fled to India. Therefore, 2019 is the 60th year of the great event incidentally when the Modi government's policy of standing up to Chinais touted to be a sharp departure from Nehru's China policy. India, overly careful in assuaging Chinese sensitivities, must not concede further. If the fear to offend Beijing becomes an obsession, or India is seen to be too much in awe of China as has been the case for decades, it might be unfairly treated at international fora like the Organisation for Islamic Countries (OIC) that remains critical of India but is wary of offending China. With the succession issue of the Dalai Lama assuming importance, India would have to take a firm decision. The US Congress has made it clear that it would not recognise a Dalai Lama chosen by the Chinese government, nor does the current Dalai Lama believe anyone to trust the Chinese government's choice. The point is this: has India, which has seen Tibet as part of China for over five decades, made more concessions than it has received? No Indian government has ever sought to extend political support to the Dalai Lama, despite the

tortuous contours of Sino-Indian relationship. If China links Tibet and Dalai Lama to a settlement of the long-standing border dispute, it amounts to distrust of India's position. The succession of Dalai Lama is distinctly different from China's claims to Tibet. If India lends support to a future Dalai Lama chosen by China, it would not only fritter away its time-honored policy on Tibet, but the mistake of 1954 would also turn a full circle.

Tibet Support Groups Executive Members, National and Regional Conveners of Core Group for Tibetan Cause hold meetings in Delhi



Group photo of TSGs Office Bearers with Mr. Karma Choeying, Secretary of Bureau of His Holiness the Dalai Lama and ITCO staffs on 20 July 2019. Photo/ITCO

ITCO, July 23, New Delhi: Core Group for Tibetan Cause - the apex body of all India Tibet Support Groups (TSGs) convened a meeting of Tibet Support Group's office-bearers on Saturday 20 July 2019 at Bureau of His Holiness the Dalai Lamain New Delhi. Shri R. K. Khrimey, National Convener, Core Group for Tibetan Cause presided over the meeting with the presence of Mr. Karma Choeying, Secretary, Bureau of His Holiness the Dalai Lama. Shri Khrimey in his introductory remarks briefed the members about Core Group for Tibetan Cause, current scenario of Tibetan issue and the purpose to convene the meeting. The TSGs office bearers present in the meeting introduced themselves, their organizations and various activities carried out by them to aware the general Indian masses about Tibet and to strengthen the Tibetan movement in India. The meeting discussed in length regarding reinventing and reactivating the Tibet Support Groups in India in order to strengthen and solve the issue of Tibet

peacefully. It also emphasised to build better coordination between Tibet Support Groups all over India and Core Group for Tibetan Cause. The members in unison agreed to work in coordination with each other. They laid down plans and strategy on strengthening the activities of TSGs movement in India far more actively. The respective members exchanged their views and opinions; gave suggestions and took decisions for the active involvement of various Tibet Support Groups in India for the good cause of Tibet. The meeting was attended by Tibet Support Groups (TSGs) Office Bearers from India Tibet Friendship Society (ITFS), Bharat Tibbat Sahyog Manch (BTSM), Himalayan Committee for Action on Tibet (HIMCAT), National Campaign for Tibet Support (NCFTS), Antarrashtriya Bharat Tibbat Sahyog Samiti (ABTSS), Youth Liberation Front for Tibet (YLFT) and Himalaya Pariwar. On Sunday 21 July 2019, Core Group for Tibetan Cause also convened a meeting of National and Regional Conveners of the group at Bureau of His Holiness the Dalai Lama, New Delhi. Mr. Choney Tsering, the staff of India Tibet Coordination Office (ITCO) welcomed the members present in the meeting. Shri R. K. Khrimey, National Convener, Core Group for Tibetan Cause gave the introductory address. He briefed the members regarding the purpose to convene the meeting in a short span of time from the last meeting of Core Group. ShriKhrimeyemphasised"CoreGroup for Tibetan Cause must be more active for the cause of Tibet." The members discussed the action taken from the last Core Group meeting and accordingly updated the group on the matter. A serious discussion regarding organizing the 60th Anniversary of Calcutta Convention on Tibet took place in the meeting and the members decided to prepare for the program from now on. It discussed meeting with the Central leaders of the Government of India in coming days to highlight and update them on the Tibetan issue and sought their help to solve it. The meeting discussed activities and programs to be carried out by respective Tibet Support Groups (TSGs) in the coming year. The members gave their suggestions on the matter and various programs in different parts of India were fixed in order to strengthen the Tibet issue. The members also discussed the budget allocation and budget proposal for the year 2020 – 2021 for various activities and programs. All the members present actively took part in the meeting. They shared their views and reviewed their activities; gave suggestions and opinions; took decisions on various matters and expressed their willingness to do much for the cause of Tibet. The meetings were coordinated by ITCO, New Delhi.

Speaker of Tibetan Parliament offers condolence on the demise of Lok Sabha member Ram Chandra Paswan



TPiE, July 26, Dharamsala: Speaker of Tibetan Parliament-in-Exile, Pema Jungney offered his condolence on behalf of Tibetan Parliament-in-Exile and Tibetans in and outside of Tibet, over the demise of Lok Sabha member Ram Chandra Paswan. In the condolence letter, Speaker expressed his sadness and offered condolences to wife Ms. Sunaina Kumari, family members and followers. "Due to his charismatic leadership and hard work, he was elected four times in the Member of Parliament and specially re-elected in the 17th Lok Sabha," Speaker wrote to the family members. He further wrote, "He was very simple and down to earth leader, as a follower of the farsighted vision of Dr. Ram Manohar Lohia and Shri Jayaprakash Narayan and brought immense result-oriented contribution through the Social Democratic Ideology. Healsowrote, "From 2004, The Tibetan Parliamentary Delegation got an opportunity to meet Shri Late Ram Chandra Paswan time and again in Delhi." "We are extremely grateful for his sincere support for the cause of Tibet" Speaker concluded.

His Holiness the Dalai Lama congratulates the newly elected Chief Minister of Karnataka, B. S. Yediyurappa



His Holiness the Dalai Lama congratulates B.S. Yediyurappa. Photo/File Photo

Tibet.net, July 29, Dharamshala: His Holiness the Dalai Lama conveyed his congratulations B.S. Yediyurappa on his once again to becoming the Chief Minister of Karnataka. "I trust that under your leadership the people of Karnatakawillseeprosperityandprogress,"hewrote. "I particularly hope that you will strive to improve the lives of the less privileged people in the State. "Last April marked the 60th anniversary of our life in exile. As you know, over 30,000 Tibetans reside in Karnataka State, perhaps the largest number among Tibetans in exile. In fact, I attended a special function in Bengaluru last year to thank the state of Karnataka and its people for their friendship and support. I am proud to state here that our main Centres of Learning, based on the Nalanda Tradition of Ancient Indian Wisdom, have been re-established in Karnataka. "This has been made possible thanks largely due to the most generous response to an appeal by Prime Minister Jawaharlal Nehru from then Chief Minister S. Nijalingappa, who I had first met when

I came to India in 1956. May I, therefore, take this opportunity to express again, through you, our deep appreciation to the government and people of Karnataka, for the warm and friendly support shown Tibetans who have been settled there." His Holiness concluded his letter by wishing the Chief Minister every success in meeting whatever challenges may lay ahead.

"Tibbat Ko Jano" program organised in Mundgod



The members meeting Old Age Home people.

ITCO, 30 July, Mundgod: As part of "Tibbat Jano" initiative, an interactive program Ko was organised on 30th July, 2019 at Doeguling Tibetan Settlement, Mundgod for the members of Inner Wheel Club, Hubli Unit. The delegates were informed about the issue of Tibet, refugee life, cultural and spiritual ties with India, geo-political importance of Free Tibet etc. by Shri Amruth Joshi, National Co-Convener, Core Group for Tibetan Cause during the interaction. The delegates also visited Gaden Jangtse Monastery and Old Age Home. They also donated some needy materials for the inmates of the Old Age Home. The settlement officer Mr. Lhakpa Tsering, Executive members of Regional Tibetan Women Association were present on the occasion.

