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Tibetans in Dharamshala commemorates the 59th Anniversary of Tibetan Democracy Day



Chief Guest Smt. Sarveen Chaudhary addressing the gathering. Photo/Tenzin Jigme/CTA

Dharamshala: Tibet.net, Sept 2, commemoration of the 59th anniversary of 'Tibetan Democracy Day' was observed and celebrated at Tsuglagkhang, the main temple in Dharamshala today. Thousands of Tibetan exiles and foreigners assembled at Tsuglagkhang to take part in this momentous occasion. The official function began in the presence of Chief guest Smt. Sarveen Chaudhary, Honorable Minister of Urban Development/Town & Country Planning, Government of Himachal Pradesh, Special guest Mr. Jamphel Wangdue, Religion and Culture Council Chairman, Arunachal Pradesh. Representing CTA were Ven Karma Gelek Yuthok, acting President of CTA, Honorable Speaker Pema Jungney of Tibetan Parliament-in-Exile, Chief Justice Commissioner Kargyu Dhondup, Deputy Speaker Acharya Yeshi Phuntsok, Justice Commissioners Dr Nawang Rabgyal Norpa and Karma Damdul, Kalons, Members of Standing Committee, and staff of CTA to honour His Holiness the 14th Dalai Lama declaration of democracy.

Chief guest Smt. Sarveen Chaudhary, in her keynote address, stated Tibetans have built a strong and exemplary democracy under the vision and guidance of His Holiness the 14th Dalai Lama that will further continue to strengthen in the future. She said that the way Tibetans have preserved their cultural heritage and religion under the leadership of His Holiness is an example to the world, for which the Tibetan community deserves congratulations while she congratulated the Tibetans on the occasion of the 59th Anniversary of Tibetan Democracy Day. She also applauded the exiled Tibetans for their non-violent approach their freedom struggle which has garnered strong international community's support to their cause. "The manner in which the Tibetans in exile have evolved their system of governance by following the ideals of democracy under the leadership of His Holiness the Dalai Lama is an example to the world," Smt. Sarveen Chaudhary said.

Speaker Pema Jungney congratulates Shri Bhagat Singh Koshyari, Governor of Maharashtra

Tibet.net, Sept 4, Dharamshala: Speaker of Tibetan Parliament-in-Exile, Pema Jungney on behalf of Tibetan Parliament-in-Exile, conveyed his heartiest congratulations to Shri Bhagat Singh Koshyari for being appointed as the new Governor of Maharashtra. In the congratula ory letter, he wrote "You have been a long term staunch supporter for the Tibetan Community and its struggle especially when you were the member of Rajya Sabha and Lok Sabha" He also wrote about the Tibetan Parliamentary delegation who had the privilege to meet him in Delhi despite his busy schedule. He also wrote, "During your tenure as the Working



Shri Bhagat Singh Koshyari, the new Governor of Maharashtra/File Photo

Bharat Tibbat President of Sahyog Manch and also being a Co-convener of the All Party Indian Parliamentary Forum for Tibet from 2015 - 2018, you have always attended and blessed all the meetings with your valuable knowledge and suggestions." "As invited by the Central Tibetan Administration in 2011, you came to Dharamshala to attend the official oath ceremony of the democratically elected Political Leader. We are eternally grateful for your unconditional support to the Tibet" he wrote.

Sikkim Tourism and Civil Aviation Minister Shri Bedu Singh visits Ravangla



Hon'ble Minister for Tourism & Civil Aviation and Commerce & Industries Shri Bedu Singh Panth inaugurates the grand celebration of the 36th Pang Lhabsol at Ravangla on 3 September 2019. Photo/Bermiok Namphing Territorial

Tibet.net, Sept 7, Ravangla: The

Minister for Tourism & Civil Aviation and Commerce & Industries Shri Bedu Singh Panth visited Ravangla on Tuesday to mark the grand celebration of the 36th Pang Lhabsol, Sikkim's most important indigenous festival. Tibetan Settlement Officer Tenzin Nordhen, Ravangla who participated in the event as a guest, greeted the Honourable Minister with a traditional Tibetan scarf and extended heartfelt greetings and gratitude on behalf of the Central Tibetan Administration. Members of the Ravangla Tibetan settlement presented cultural performances. 'Pang Lhabsol' is marked every year by the Sikkim Government in the Ravangla region from September. The Chief Minister of the state is expected to attend the closing ceremony on 10 September.

Nepal deports 6 Tibetan Asylum Seekers to China

RFA, Sept 9, Dharamshala: Nepal deported six Tibetans who had crossed into the Himalayan country to seek asylum, handing them over to Chinese police shortly after they crossed the border last week, two witnesses told RFA's Tibetan Service. "When those Tibetan SiX escapees arrived on Nepal soil [on foot], at a place called Legme, the Nepalese border police arrested them. From there, the Nepali police led the handcuffed Tibetan refugees to Simikto police station," said the source, a trader who requested anonymity to protect his personal security. "The Nepali police handed over those arrested Tibetan refugees to the Chinese border police on the evening of that day, September 5th," added the source. handcuffed Tibetan refugees were wailing in great distress at their fate, and were pleading the police with folded hands not to take them back to the Chinese," said the source. Simikto is the administrative headquarter of Humla district of Karnali Pradesh in northwestern corner of Nepal. Simikto airport is the main tourist gateway on the Nepalese



File Photo

side to Mount Kailash and Lake Manasarovar, revered pilgrimage Tibet. sites in The six had crossed the Nepali border from Purang (In Chinese, Burang) county in Ngari (Ari) prefecture. The source said they had ruddy complexions wore Tibetan clothing. "On the way, many local Nepali bystanders witnessed the Nepali police leading them away in handcuffs," added the source. "When the armed Nepalese police were escorting them, the residents were waved off from approaching them closer," said a second source, a Tibetan living in Kathmandu, the Nepal capital. "Without even keeping them for one day at Simikot, the

Nepali police returned them to the Chinese authorities," said the Kathmandu source. "The Nepali police warned residents not to share the news of this incident, and if any of them caught for doing it, will severe consequences," face added the Kathmandu resident. "The repeatedly Tibetans appealed to the Nepalese police that they were going to Nepal to seek asylum. Meanwhile the local Nepalese also pleaded with the police to release and let them go. But the police did not heed their request and they also got annoyed by their interference,' said the first source. Nepal shares a long border with Tibetandishometoaround20,000 exiles who began arriving in 1959 when a failed Tibetan uprising against Chinese rule forced Tibet's spiritual leader the Dalai Lama into exile in Dharamsala in India's Himalayan foothills. Nepal cites the "One-China Policy" Beijing demands from countries and its strong ties with its wealthier neighbor in cracking down on Tibetan community activities in the country, such as elections among the refugee community and birthday celebrations for the Dalai Lama.

Only India can combine modern education and Indian wisdom to tackle negative emotions: His Holiness the Dalai Lama to Dharamshala Govt College faculty

Tibet.net, Sept 10, Dharamshala: His Holiness the Dalai Lama met a group of faculty members of the Dharamshala Government

College yesterday who have come to seek His Holiness blessing and guidance on their newly introduced six-month certificate course on the 'revival of ancient Indian knowledge and tradition'. His Holiness the Dalai Lama met the group at his residence and shared some profounding message on secular ethics. His Holiness mentioned that most of the problems facing the world today are essentially created by human beings. His Holiness denoted that more often than not humans are prone to use



His Holiness the Dalai Lama with the faculty of Dharamshala Government College at his residence on 9 September. Photo/OOHHDL

their gifted intelligence in the wrong manner paving way for disposal of destructive emotions when in actuality humans are exceptionally capable to think globally for the long run. "This capacity and potential of humans to think globally for the long run are often limited by the overwhelming destructive emotions", said His Holiness. The basic human nature as His Holiness noted is compassion since human beings are social animals and so the very instinct is to co-exists and survive peacefully

and amicably. However, His Holiness considers that modern education to some extent is now replacing and altering the essence of basic human nature. His Holiness asserted that India with its rich ancient traditions has the great potential to imbibe education on tackling emotions particularly the afflictive emotions through the practice Samatha and Vipassana. "Only this country can combine modern education with the ancient Indian knowledge to tackle destructive emotions" asserted His Holiness the Dalai Lama. His Holiness further mentioned that modern India should begin the process of reviving its ancient knowledge and traditions for the coming generation to reap the benefits of the result. His Holiness remained strongly optimistic that the end of the 21st century could be more peaceful. His Holiness expressed appreciation tremendous to the Dharamshala Government College and its faculty the initiative to revive the ancient Indian knowledge.

CTA President condoles the demise of veteran lawyer Shri Ram Jethmalani



Ram Jethmalani (1923 - 2019) Tibet.net, Sept 11, Dharamshala: CTA

President Dr. Lobsang Sangay offered his heartfelt condolences at the demise of Sri. Ram Jethmalani Ji, a veteran lawyer, and former parliamentarian. In the condolence letter addressed to Sri. Ram Jethmalani Ji's son Mahesh Jethmalani and the family, President Sangay wrote, "I am deeply saddened to learn of the demise of Sri. Ram Jethmalani Ji. On behalf of the Central Tibetan Administration and the Tibetan people, I offer our heartfelt condolences to you and your family. A veteran lawyer and parliamentarian, Jethmalani Ji was a true friend of the Tibet cause. He had many times expressed his admiration for His Holiness and supported the Middle Way Approach. He stood for the Tibetan people and the Tibet issue in and out of parliament. Jethmalani Ji's pioneering work as a lawyer and a political leader would live on to inspire. We mourn with you in this time of grief, and our prayers are with you and your family", concluded the President. Shri Ram Jethmalani, exceptional an criminal lawyer in India dies at the age of Sunday due to prolonged illness. 95

Health Kalon requests Appointment of Sowa-Rigpa Advisor in the Ministry of AYUSH



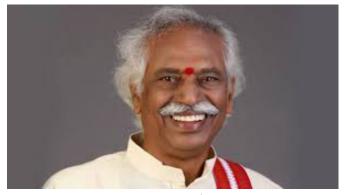
Kalon Choekyong Wangchuk, Department of Health, CTA addressing the gathering at India International Centre in New Delhi on 11 September 2019. Photo/Tenzin Wangchuk/CTA

Tibet.net, Sept 11, New Delhi: Kalon Choekyong Wangchuk, Minister of the Department of Health of the Central Tibetan Administration made a formal request for the appointment of Sowa-Rigpa advisor in the Ministry of Ayush of the Government of India during a celebration marking the 1st Sowa-Rigpa, (generally known

as the Tibetan science of healing) day at India International Centre in New Delhi today. Around 70 traditional medical practitioners and students of Tibetan and non-Tibetan heritage from India and abroad joined the ceremony. Shri Pramod Kumar Patha, Additional Secretary in Ministry of Ayush attended the function as the chief guest while Health Minister Choekyong Wangchuk, Speaker of Tibetan Parliament-in-Exile Pema Jungney, Padma Gurmet, Member of Central Council of Indian Medicine were the guests of honour. Lobsang Tenzin Ragdo, the President of Central Council of Tibetan Medicines, gave a brief account of the traditional practice of Tibetan medicines and introduced the working of the Central Council of Tibetan Medicines (CCTM) and highlighted the importance of celebrating the 1st Sowa-Rigpa day which he said will continue to be observed in the future. Kalon Choekyong Wangchuk, in his address, positive impact that Sowa-Ripa makes not just in the Tibetan community but in the international community as well. Terming the Sowa-Rigpa tradition "a noble one," Kalon Choekyong Wangchuk said it is a practice that is widely respected and known throughout the world and attributed the success of this practice to His Holiness the Dalai Lama for his initiatives and guidance and the successive governments of India for assisting in the preservation and promotion of this practice. Drawing from the current challenges in the promotion of Sowa-Rigpa, the Kalon requested the Ministry of Ayush to appoint an advisor for the Sowa-Rigpa category in Ayush which stands for Ayurveda, Yoga & Naturopathy, Unani, Siddha, Sowa Rigpa and Homoeopathy and to increase the number of members in Central Council of Indian Medicines. The chief guest Shri Pramod Kumar Patha congratulated practitioners of Sowa-Rigpa tradition on the 1st Sowa-Rigpa day celebration and said the Ministry of Ayush will extend all possible help in the promotion and preservation of Sowa-Rigpa and thanked the efforts made by His Holiness the Dalai Lama and traditional practitioners of Tibetan medicine for successfully preserving and promoting the practice.

The Speaker of Tibetan Parliament-in-Exile Pema Jungney, who helped draft the rules and regulations of CCTM recounted his association with CCTM and the importance of expanding the scope of Sowa-Rigpa. "Currently the situation is such that majority of job aspirants in Sowa-Rigpa doctors do not get jobs despite clearing the exams due to lack of job vacancies in the field. We must make efforts to create jobs for the graduating doctors and that will pave way for the expansion of Sowa-Rigpa in the long run," the speaker said. During the event, the Central Council of Tibetan Medicine launched a Sorig Journal and unanimously honored Dr. Tsewang Tamding, personal physician to His Holiness the Dalai Lama, with Yuthok award in recognition of his contribution in the field of Sowa-Rigpa.

Speaker Pema Jungney congratulates New Governor Bandaru Dattatreya of Himachal Pradesh



Bandaru Dattatreya/File Photo

Tibet.net, Sept 2, Dharamsala: Speaker Pema Jungney of Tibetan Parliament-in-Exile on behalf of Tibetans in and outside Tibet extends his warmest congratulation to the Governor Bandaru Dattatreya for being sworn in as the 27th Governor of Himachal Pradesh. In the congratulatory letter, Speaker wrote "We are eternally grateful to the Government and People of India for the unwavering support since China's forceful occupation of our land, Tibet. We are especially grateful to the people and government of Himachal Pradesh for helping us preserve our distinct culture and tradition." He said, "Your commitment towards working on the education, tourism development and awareness against drug uses is very much appreciated. We hope to see a better Himachal Pradesh under your leadership." "I extend my prayers and best wishes to you and

your party in fulfilling the expectations and aspirations of your people and I positively look forward to your support for the cause of Tibet," he concluded. Bandaru Dattatreya is a former union minister and senior BJP leader, he took the oath of 27th Governor of Himachal Pradesh on Wednesday.

Tibet Outreach Program held at Kharman Village in Haryana



Shri R. K. Khrimey, Convener, Core Group for Tibetan Cause addressing the gathering as the chief guest. Photo/ITCO

ITCO, Sept 21, Delhi: A Tibet Outreach Program titled 'Importance of Tibet for India" was held at Kharman Village of Jhajjar Distt in Haryana in the evening of 19 September 2019. The program was organized by Youth Liberation Front for Tibet (YLFT), a Tibet Support Group based in Haryana in coordination with India Tibet Coordination Office, New Delhi. The chief guest of the program was Shri R. K. Khrimey, National Convener, Core Group for Tibetan Cause - India. The organizers felicitated the chief guest with the traditional Haryanvi turban. At the outset, Mr. Jigmey gave the introduction of the program. He briefed the gathering about Tibet and its present situation. He expressed gratitude towards Narender Chaudhary, Chairperson of YLFT and Regional Convener of Core Group effort to organize such program here. Mr. Jigmey introduced his staff to the people in a way of telling stories of Tibet. He asked the people about their village in order to get well connect with them and let them know about Tibet. Vinay Chowdhary, professionally pursuing veterinarian science, and one of the organizers of the program told the gathering how China has captured Tibet and what's the importance of Tibet for India. Gaurav Nandal, another organizer of the program highlighted the ill effects of

Chinese goods and products coming to India like plastic rice affecting health as well as the economy of the country. This was a message to his fellow people not to buy Chinese products and fully boycott it. Shri R. K. Khrimey in his address to the gathering said "I am happy to be here in Haryana. At my hometown in Arunachal Pradesh, there is Army Cantonment. When interacting with some of the army, I meet your people there. They would say they are from Haryana. So it's a good feeling". Speaking about Tibet, R. K. Khrimey mentioned that first all India Tibet Support Convention was held in Calcutta (now Kolkata) in May 1960. After that, the Parliament of India passed a resolution to support Tibet. Since then we are in support of Tibet. He said that Tibet is geographically and culturally linked to India. In his words, "I am from the region where India and Tibet's border lies. Before 1959, there was no such army stationed. But today we need lots of army and strength to safeguard the border. As such lots of money spent on border security. If Tibet was free, there was no need for such army and expenditure." Khrimey ji highlighted the people about the situation in Tibet. Anyone who raises voice is put in prison. So people in a free country like India need to raise voice. He further told the gathering about the environmental damages being carried out by China which will have great consequences in India as Tibet is the source of major rivers which flow down in India. He points out that there are around 20 to 30 Tibet Support Groups in India and one among such group is led by Narender Chaudhary here in Harvana."All big things start from small things, so we all should start supporting the Tibetan cause for peace, justice and truth" he concluded. Later a documentary titled "What's going on in Tibet?" was screened to the public. It showcased the situation in Tibet and inhuman treatment of Tibetans by the Chinese. Some books and pamphlets related to Tibet were also distributed to the public. There were around 150 people ranging from children to old men who attended the program. In the end, Shri R. K. Khrimey offered the organizers with traditional khatak as a token of appreciation for their work towards Tibet.

CTA President addresses National Convention on Tibet organized by Bharat Tibbat Sahyog Manch in Delhi



President Dr Lobsang Sangay addressing the National Convention on Tibet organized by Bharat Tibbat Sahyog Manch. 22 September 2019. Photo/Tibet.net

ITCO, Sept 23, New Delhi: CTA president Dr. Lobsang Sangay addressed the National Convention on Tibet organized by Bharat Tibbat Sahyog Manch, a national Tibet Support Group at Indira Gandhi National Centre for the Arts in New Delhi on 22 September 2019. The program was also presided by Shri Indresh Kumar, Senior RSS leader and founder of Bharat Tibbat Sahyog Manch, Shri Manoj Tiwari, Member of Parliament Lok Sabha and Delhi BJP President, Shri Harijit Singh Grewal, Commissioner, Punjab Khadi Udyog and Working President of Bharat Tibbat Sahyog Manch, Shri R. K. Khrimey, National Convener of Core Group for Tibetan Cause -India, Kasur Gyari Dolma and other dignitaries. At the outset, the program began with the lighting of lamps before the statue of Lord Buddha, portraits of Bharat Maata and His Holiness the Dalai Lama by Dr. Lobsang Sangay accompanied by Shri Indresh Kumar and other guests. Some classical dances depicting the culture of India were presented before the guests and the audience. Dr. Lobsang Sangay in his address foremost paid his namaskar and greetings to the large crowd gathered and congratulated Bharat Tibbat Sahyog Manch on the completion of 20 years. He offered his heartful thanks to all BTSM activists gathered from all over India for the service rendered to the Tibetan movement. Dr Sangay mentioned that 60 years ago, Sardar Vallabh Bhai Patel wrote a letter to Pandit Nehru

telling about the danger of Chinese occupation of Tibet and its consequences. "It is a reality now. India is facing the danger and threat of China due to the occupation of Tibet. There are tensions on borders. Lots of money are spent on border security. If Tibet has been free, there was no need for such expenses. Instead, all this money could be used for the development of the country." "Today, you all are here talking about freedom for Tibet because there is no freedom in Tibet. Millions of Tibetans had been killed, thousands of monasteries had been destroyed and this is still going on. Larung Gar and Yachen Gar, where thousands of monks and nuns study, is being demolished. According to the Freedom House Report, the least free nation after Syria is Tibet. Therefore we need the world's support and your support, that is India." He further said, "Nowadays India talks about Made in India. But I will tell you the original Made in India is the Tibetan movement. Buddhism came to Tibet from India. Tibetan democracy is adopted from Indian democracy. We have drunk India's water. We have been taught by Indian teachers. In fact, His Holiness the Dalai Lama calls himself 'a son of India'. So the original Made in India are us. If Made in India has to be a success, Tibet has to succeed. I believe under the leadership of Shri Indresh Kumar, Bharat Tibbat Sahyog Manch and other Tibet Support Groups in India, Tibet will be free." Shri Indresh Kumar said that India and Tibet are the strength of Himalayas. No one can break that bond. Speaking on His Holiness the Dalai Lama's reincarnation, he strongly condemned Chinese interference in the Tibetan reincarnation tradition. He said, "China has no right to decide on His Holiness's reincarnation. China's immoral, and illegal unethical interference in religious matters is unacceptable." He mentioned that His Holiness the Dalai Lama himself has said that the decision about his reincarnation solely lies on him. His reincarnation will not be born in China. There is a possibility that the next Dalai Lama may be born in India or any Asian countries where there are no shades of China's presence, he added. Ven Acharya Yeshi Phuntsok awarded prestigious Dr. Shyama Prasad Mookerjee National Excellency Award for Outstanding Public Leadership



Deputy Speaker of Tibetan Parliament-in-Exile, Acharya Yeshi Phuntsok awarded the prestigious 'Dr. Shyamaprasad Mookerjee National Excellency Award for Outstanding Public Leadership' by Chanakya Foundation, New Delhi, 26 September 2019.

Tibet.net, Sept 27, Delhi: Deputy Speaker of Tibetan Acharya Parliament-in-Exile, Yeshi Phuntsok was awarded the prestigious 'Dr. Shyamaprasad Mookerjee National Excellency Award Outstanding Public Leadership' by Chanakya Foundation, a non-governmental organisation in Delhi this Thursday. The ceremony took place at the Constitutional Club of India of New Delhi. Acharya Yeshi Phuntsok was honoured for his outstanding contribution towards strengthening the Tibetan community, promoting human rights and justice and his leadership in the Tibetan cause. Deputy The Speaker, in his acceptance, speech expressed his heartfelt thanks the Chanakya Foundation for the honour recognition of his services. The event was attended by Shri. Rameshwar Teli Ji, Honourable Minister of State Food Processing, Industries, Govt of India, Dr Murli Manohar Joshi, Former BJP President, Shri. Indresh Kumar Ji, Chief RSS Muslim Manch, Shri. Manoj Tewari Ji, Member of Lok Sabha, Prof. Kiran Hazarika, Member UGC, MHRD, Govt of India and Acharya Gujja Gopal Reddy, Member UGC, MHRD, Govt. of India. Intellectuals and artists from different fields were also present there. Led by the Samyeling Tibetan Settlement Officer, the Tibetan people residing in Delhi attended in large numbers to congratulate the Deputy Speaker.

Six Journalists visit Dharamshala as part of Media Outreach Program



The journalist-delegation with Kalon Dr Pema Yangchen, Department of Education, CTA. Photo/ ITCO

ITCO, Sept 28, Dharamshala: As part of Media Outreach Program of New Delhi-based India Tibet Coordination Office (ITCO), a six-member delegation of Indian journalists from four different Indian cities associated with Tibetan Winter Sweater Business visited the Central Tibetan Administration in Dharamsala from 26 - 28 September. The purpose of the visit was to gain firsthand experience of Tibetan establishments in exile. The delegation comprised of Shri Gaurav Bardwaj, Dainik Jagran, Agra; Shri Shakti Singh Parmar, Dainik Swadesh, Indore; Shri Neelmegh Chaturvedi, Freelance Journalist, Indore; Ms Shaloo Shukla, Hindusthan Samachar, Noida; Ms Sonali Thakur, TV9 Bharatvarsh, Delhi; and Ms Shalu Agrawal, Amar Ujala, Meerut. The media delegation met Secretary Tsewang Gyalpo Arya, Department of Information and International Relations (DIIR) who briefed them about Tibet and the whole administration set up. Similarly, they visited the Department of

Home, Kashag (Cabinet Secretariat) and the Tibetan parliamentary secretariat and with Kalon of Department of Education and Deputy Director of Tibet Policy Institute. They later called on Speaker Pema Jungney, Tibetan Parliament-in-Exile who briefed them about the Tibetan Parliament and the ongoing parliamentary session. They were also hosted inside the observer's chamber of the Tibetan parliament to witness the proceedings of the Tibetan Parliament in session. The media delegation also toured other Tibetan establishments in and around Dharamshala including the Tibet Museum. They visited the Library of Tibetan Works and Archives where they met the Director Geshe Lhakdor. The delegation visited the Tibetan Centre for Human Rights and Democracy (TCHRD) where Ms Tsering Tsomo, Director spoke about the current situation inside Tibet. Later they visited Men-Tsee-Khang, Tibetan Medical and Astrological Institute and Upper Tibetan Childrens Village (TCV) where they were received by Director Tsultrim Dorjee. The media delegation were impressed upon seeing the homely atmosphere and holistic education imparted to the students. Later they met TCV President Thupten Dorjee On the last day, the media delegation had an interactive session with some of the Tibetan NGOs based in Dharamshala coordinated by the Tibetan Welfare Office, Dharamshala. They visited Tibetan Welfare Office's Environment Section, Paper Recycle Unit and it's main office. The six-member journalists were accompanied Mr. Gonpo, Deputy Coordinator Mr. Choney Tsering, Program Officer.

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