

Janjagran Cycle Yatra for Tibet welcomed at the premises of Puducherry Assembly



Hon'ble CM Shri N. Rangaswamy flagging off the Janjagran Cycle Yatra by Shri Sandesh Meshram from the premises of Puducherry Legislative Assembly

6th Jan. Puducherry: The Janjagran Cycle Yatra (South India) by Shri Sandesh Meshram which started from Mundgod, Karnataka on 10th December, 2021 after passing through many villages, towns and cities of Uttara Kannada, Kerala and southern part of Tamil Nadu reached the Union Territory of Puducherry on 2nd January, 2022. In Puducherry, Shri Meshram was warmly received by India Tibet Friendship Society (ITFS) Puducherry President Shri S. Adhavan, Joint Secretary Shri I. Pandian and other members. On 4th Jan. 2022, a welcome reception in honour of Shri Sandesh Meshram was organized by ITFS Puducherry which was held at the premises of Puducherry Legislative Assembly. The program was graced by the presence of Hon'ble Chief Minister of Puducherry Shri N. Rangaswamy, Hon'ble Speaker of Puducherry Legislative Assembly Shri R. Selvam and Hon'ble MP Rajya Sabha, Puducherry Shri S. Selvaganapathy. Shri Venkata Subramaniam, Member, ITFS Puducherry gave the welcome address and Shri S. Adhavan, President, ITFS Puducherry presided the program. Hon'ble Speaker Shri R. Selvam felicitated Shri Sandesh Meshram with a shawl for his work for the Tibetan cause. At the program, Tibetan and Indian national flags were hold together alongside to strengthen the relationship

between India and Tibet. Pamphlets on Tibet were presented to the dignitaries and also distributed to other members attending the program. Hon'ble Chief Minister N. Rangaswamy flagged off the Janjagran Cycle Yatra by Shri Sandesh Meshram for his onward journey offering his best wishes for the Tibetan cause. Shri I. Pandian, Joint Secretary, ITFS Puducherry presented the vote of thanks to all. Apart from the dignitaries, the program was attended by ITFS Puducherry Members; Kalsang, Sonam and others from Auroville Tibet Pavilion and media friends from both print and electronics. Shri Sandesh Meshram was hosted by Acha Kalsang of Auroville Tibet Pavilion during his stay in Puducherry. He was toured around Auroville during which he was glad to meet Mr. Claude Arpi, renowned Tibetologist and author. The Janjagran Cycle Yatra (South India)'s main purpose is to create awareness among the general Indian masses about Tibet and its hard realities prevailing under the brutal occupation of Tibet by the Chinese Communist Government. This CYCLE YATRA would also engage in re-strengthening of centuries old relations between India and Tibet and to educate the masses that India shares border with Tibet, not with CHINA.

"Tumhara Naam Kya Hai - Tibbat" a book on Tibet by Shri Chandra Bhushan



Shri Chandra Bhushan presenting the book to ITCO being received by Coordinator Jigme Tsultrim

14th Jan. New Delhi: A first-hand information on Tibet by a senior Indian journalist, a book on Tibet entitled

“Tumhara Naam Kya Hai - Tibbat” which literally translated in English as ‘What is your name - Tibet’ has been authored by Shri Chandra Bhushan in Hindi - one of the mainstream languages of India. Being a professional journalist for many years in various newspapers including his last association with Navbharat Times, he has authored many poetries and publications including ‘Itne Raat Gaye’ and ‘Aata Rahunga Tere Paas’. He has also contributed his translational skills in the study of Science, Education and Ethics of Journalism. This book outlines the manuscripts and blueprints of Chinese Communist Government that has brought devastation to Tibet’s ecological resources, its cultural assimilation and extinction of Tibetan identity since 1949. Being part of the coordinated tour for journalist in 2015 under the Chinese Government, he visited Lhasa, Chengdu and other parts of Tibet. This book is a revelation of contemporary Chinese history, the tale of Tibet’s identity, failure of Communist China’s newly designed policies, immeasurable damages caused from the growing of China’s Nationalistic approach and India’s compulsion at this stage. Shri Chandra Bhushan’s book also deals with the minute expression of realities and emotions of those Tibetans inside Tibet who has kept the flame of Tibet’s freedom unwavering and inextinguishable and their consolidated faith in His Holiness the 14th Dalai Lama and Central Tibetan Administration despite all those draconian efforts of tortures, imprisonment and subjugations. Forwarded by Dr. Anand Kumar, renowned social activist, distinguished Indian Sociologist and Professor (retd.) from Jawaharlal Nehru University states that this book shall enlighten the dark tunnel of tripartite inter conflict of India - Tibet - China. The official release of the book shall be done late in Delhi and Varanasi whereas the book is now available in digital market.

ITCO held a Virtual Meeting to re-energise and revitalise ITFS Kalimpong

19th Jan. New Delhi: India Tibet Coordination Office (ITCO), Delhi held a Virtual Meeting on Wednesday, 19th January, 2022 from 11:00 am to 12:30 pm to re-energise and revitalise ITFS Kalimpong. The meeting was attended by Shri Pema Wangda Bhutia, Regional Convener (North Bengal & Sikkim), Core Group for Tibetan Cause - India (CGTC-I); Shri Tsewang Paljor, Former General Secretary & Senior Member, ITFS Kalimpong; Shri Dhondup Sangpo, Tibetan Settlement Officer, Kalimpong; Shri Jigmey Tsultrim, Coordinator and Staffs, India Tibet Coordination Office, Delhi. ITCO Coordinator Jigmey Tsultrim extended his greetings

and welcomed the members to the virtual meeting. He informed the members on the purpose of the meeting to re-energise and revitalize ITFS Kalimpong in follow up to the public opinion raised during Hon’ble Sikyong Penpa Tsering’s official visit to Kalimpong in October, 2021. Shri Tsewang Paljor briefed the members about ITFS Kalimpong which he shared was founded in 1996 with Late Lachung Ayila, Shri Tamdin Dorjee Drukpa, Shri P. T. Bhutia and himself as the founding members. He cleared the members that ITFS Kalimpong still exist but unfortunately since 2019 onwards, it remained inactive due to many of the executive members in their prime age and also Covid pandemic afterwards. He further mentioned that ITFS Kalimpong consists of Indians and Tibetans alike with Nepali, Denzongpa, Sherpa,



Participants during the virtual meeting in regard to ITFS Kalimpong

Tamang and others with total of 50 members. Shri Pema Wangda Bhutia shared that he visited Kalimpong in 2019 and met with Shri P. T. Bhutia and other members of ITFS Kalimpong in regard to organizing a TSGs Conference but due to the Covid pandemic, the plan got failed and still pending. He assured that his help and full support is always with ITFS Kalimpong in carrying out any activities and programs to strengthen the Tibetan cause. TSO Dhondup Sangpo also briefed the members that due to the Covid situation, the TSO Office had not been able to actively coordinate with ITFS Kalimpong in carrying out activities and programs. He shared that when the Covid situation gets better; his office will work together with ITFS Kalimpong in strengthening Indian and Tibetan bonhomie and ultimately the Tibetan cause in the area. The members shared their views and suggestions and accordingly discussed and chalked out plans to re-energise and revitalize ITFS Kalimpong to carry out activities and programs to strengthen the Tibetan movement. At the last, ITCO Coordinator also updated the members about GANGJONG DOEGHAR - the Tibetan performing arts group based in Kalimpong which had been in recent times participating in TSGs Programs coordinated by ITCO

India Tibet Friendship Society organizes a virtual meeting “Bharat Tibbat Maitri Sangh Samvad”



ITFS Members at the virtual meeting “Bharat Tibbat Maitri Sangh Samvad”

31st Jan. New Delhi: Paying tribute to the father of nation Mahatma Gandhi as the day coincides with his death anniversary which is observed as Shaheed Diwas, India Tibet Friendship Society (ITFS), one of the oldest Tibet Support Groups in India organized a virtual meeting of its chapters from all over India titled “Bharat Tibbat Maitri Sangh Samvad” on Sunday, 30th January, 2022. The main purpose of the meeting was to reorganize and re-strengthen the group in order to actively work for the cause of Tibet. Dr. Manoj Kumar, ITFS Organizing Secretary welcomed and briefed the members regarding the ITFS Virtual Meeting. Dr. Anand Kumar, ITFS National General Secretary in his introductory address shared that India Tibet Friendship Society had not been able to organize its National Conference due to Covid Pandemic, but this should not hamper the work of the group for the Tibetan cause. He said that the members can meet virtually from time to time given the current circumstances and discuss and prepare plans and programs which will keep the group proactive. Acharya Yeshe Phuntsok, Former Deputy Speaker, Tibetan Parliament-in-Exile who was special invitee to the meeting highlighted about the current situation inside Tibet and Tibet support activities in diaspora. ITFS Members attending the meeting updated about the activities and programs being carried out by their respective chapters in recent times. Later, the members discussed and shared their opinions and suggestions in re-strengthening ITFS especially during this Covid Pandemic to work more vigorously for the Tibetan movement. The meeting has decided to expand ITFS branches in more districts of the country so as to create more awareness on Tibet to the Indian masses. During the meeting, the members also remembered and offered their condolences to late ITFS members including Dr. Dauji Gupta, Dr. P. G. Jyotikar, Shri Harish Adyalkar and all other Tibet Supporters who have passed away in the

journey Tibbat Mukti Sadhana. The Virtual Meeting was attended by 25 ITFS Chapters including Shri Surendra Kumar, ITFS Muzzafarpur and National Co-Convener, Core Group for Tibetan Cause - India (CGTC-I); Shri Sudesh Kumar Chandravanshi, ITFS Hazaribagh and Regional Convener, CGTC-I; Dr. Amit Jyotikar, ITFS Gujarat; Shri Tsewang Paljor, ITFS Kalimpong; Dr. Devendra Prasad Singh, ITFS Patna; Smt. Resham Bala, ITFS Jodhpur; Shri Naveen Paneru, ITFS Nainital; Shri Amrut Bansod, ITFS Nagpur and others.

Kalimpong reaffirms commitment to preserve the legacy of Tibbat Mukti Sadhana



Coordinator Jigmey Tsultrim addressing the felicitation cum meeting of ITFS Kalimpong

6th Feb. Kalimpong: The foothill of North Bengal and trade route between India and Tibet - Kalimpong, a geo-political significance in Indo-Tibet relations witnessed a gathering of distinguished senior members of India Tibet Friendship Society’s chapter in the region on Sunday, 6th Feb. 2022. The program was aimed to felicitate senior members of ITFS Kalimpong including Sh. P. T. Bhutia, President; Sh. O. B. Dass, Joint Secretary; and Sh. Tsewang Paljor, former Gen. Secretary, whereas it was also an initiative to involve fresh participations especially from the younger generation that can carry forward the unfinished task of assuring meaningful settlement of Tibetan cause. Addressing the event, ITCO Coordinator Mr. Jigmey Tsultrim who took part solely in the program from Delhi, underlined the importance of the perseverance of this organization. He reminded the participants with his memory of being a participant during the event of Satyagraha Yatra being organized under the leadership of late Sushri Nirmala Deshpande in the year 1998 at Kalimpong. He shared aims and objectives of ITCO and the functionalities of ITSGs that are spearheading the cause of Tibet in different facets of India. Sh. Dhondup Sangpo, TSO Kalimpong in his address touched upon his outreach, experience and areas of joint effort in amplifying the

cause of Tibet. He requested to share and submit any form of doubt, suggestion and thoughts that can be helpful for giving more strength in keeping the flame of Tibbat Mukti Sadhana. Sh. Tenzin Pelbar, Member, Bharat Tibbat Sahyog Manch (BTSM), Gangtok and also President of RTYC, Gangtok made the submission of both Sh. Pema Wangda Bhutia, Regional Convener, CGTC-I and Prof. Rudra Paudiyal, President, BTSM Sikkim - their inability to participate in the program. Sh. P. T. Bhutia reminisces his energy and enthusiasm that has engulfed him to take the course on Tibbat Mukti Sadhana. He laid down the significance of bond that has ever since engraved deeper between India and Tibet. Whereas he admitted that he still wishes to play the role of torchbearer in this cause but he thinks that this role must now to pass on upon the shoulder of younger generations with able replacements. Sh. Sonam Lhundup Lama, being the Special Guest at the event, made it very clear that in this cause one can retire but never can expire. Sh. Tsewang Paljor shared about his experience and learning from the association with this cause and his call of inner soul to serve under the grace of His Holiness the 14th Dalai Lama. He strongly urged the participants to step ahead and be the part of this course to reach the other shore of history. Before he presented the vote of thanks, around 20 minutes discussion upon the ways and means to strengthen the existing ITFS chapter in Kalimpong was carried out. The discussion was then followed by a Tibetan Cultural presentation of Nangma Toeshey from Gangjong Doeghar Tibetan Performing Arts, Kalimpong.

CGTC-I's Regional Convener pays homage to late Havaldar Naren Chandra Das

9th Feb. Balipara (Assam): The last surviving member - Havaldar Naren Chandra Das - amongst the seven service men of 5 Assam Rifles Regiment, who passed away on 28th December, 2021 at his home village Udmari, 2 km from Balipara and 25 km from Tezpur, left behind a historical reference for many of those who aspire Buddhism, faith in His Holiness the Dalai Lama and the special bond between India and Tibet. One of the darkest periods in the history of Tibet when His Holiness the 14th Dalai Lama was forced to escape his own country on 17th March 1959, fatigued and exhausted yet unshaken by the belief that India shall extend the refuge for being Guru for its Chela. After having reached the border of NEFA, present day Arunachal Pradesh, on 31st day of March 1959, His Holiness the Dalai Lama reminisces that after having seen the Indian official and service men of

Assam Rifle, his fear and skepticism was overthrown by hope, survival and reassurance of Tibetan identity that is emboldened in the values of Buddhist faith and practice. It is here that the reference of Sh. Naren Chandra Das came into existence that he along with six other service men of 5 Assam Rifles Regiment escorted His Holiness the Dalai Lama from Indo-Tibet border to Lumla in Arunachal Pradesh. Prior to Sh. Das passing away, he was also invited at several events in Guwahati as well as in Dharamshala particularly during Thank You India event in 2018. With the condolence letter issued under the signature of Hon'ble Sikyong Mr. Penpa Tsering, a brief program was organized in his village of Udmari, Balipara. Although it was planned to organize in the first week of January, 2022 but sudden surge of Covid-19 cases had forced to postpone till today. Sh. Soumyadeep Datta, Regional Convener for Assam & Meghalaya, Core Group for Tibetan Cause - India (CGTC-I) along with the volunteers from Free Tibet -



CGTC-I Regional Convener Shri Soumyadeep Datta and ITCO Coordinator Jigmey Tsultrim with the family members of late Havaldar Naren Chandra Das

A Voice from Assam had arranged this event on the ground that was participated by Sh. Mrinal Saikia, Zila Parishad Member, Balipara and Social Activist; Sh. Jadab Das, Village Head, Udmari; Sh. Pankaj Borah, Village Secretary, Udmari; Sh. Ankur Das; along with the members of Press Community including Sh. Deepjyoti Koch Saikia, Prag News and Head Press Club, Balipara; Ms. Nirala Deka, Secretary, Press Club, Balipara and AsomiyaPratidhin; Sh. Milan Das, Pratidin Time and Sh. Paranjal P. Bora, Niyomiya Barta. The condolence letter addressed to Sh. Rajendra Das, eldest son of late Sh. Naren Chandra Das was received by Sh. Deepak Das, Sh. Rupak Das and Ms. Rina Bhuyan, middle and younger sons and daughter respectively as his eldest son was posted in SSB in Lucknow. Being a small village of 121 households, one couldn't have expected but there were more than 50 community members including 15 members of late Sh. Naren Chandra

Das' family itself and dozens of local media that covered the event reflecting the deemed appreciation towards the service of late Sh. Naren Chandra Das.

Meeting with Members of Free Tibet - A Voice from Assam and others TSGs held in Guwahati



Members of Free Tibet - A Voice from Assam, BTSM and other individual Tibet Supporters in Guwahati

10th Feb. Guwahati: ITCO Coordinator Jigmey Tsultrim after attending the program in honour of late Havaldar Naren Chandra Das who had escorted His Holiness the Dalai Lama to India in 1959 at his native village Udmari near Balipara in Assam, on his way back held a meeting with the Members of Free Tibet - A Voice from Assam and others Tibet Support Groups including BTSM and individual supporters at the bank of Brahmaputra River in Guwahati, Assam on 10th Feb. 2022. The meeting was held in the presence of Shri ShriSoumyadeep Datta (Regional Convener for Assam & Meghalaya, Core Group for Tibetan Cause - India & Convener, Free Tibet - A Voice from Assam); Smt. Urbashi Mahanta, President, BTSM - Assam; Shri Rupam Barua (writer and senior journalist); Shri Nava Thakuria (senior journalist), Smt. Novanita Sharma (Coordinator, Free Tibet - A Voice from Assam); members and individual Tibet supporters. During the meeting, Free Tibet - A Voice from Assam launched its newsletter 'Tsangpo - Siang - Brahmaputra' from the bank of Brahmaputra River. The bilingual newsletter in English and Assamese represents the activities and the dynamic advocacy done so far by this people's forum which is mobilising a people's movement in Northeast India in support of the Tibetan freedom movement through widespread public sensitisation through effective awareness regarding the cause of Tibetan freedom movement in Assam and other Northeast states of India."Tsangpo - Siang - Brahmaputra, the newsletter of Free Tibet - A Voice from Assam will continue to bond the people of Assam and entire India with the Tibetan freedom movement in future. Assam, the land enriched by mighty Brahmaputra

will rise to save and free Tibet, the land of its origin" said Shri Soumyadeep Datta, Convener, Free Tibet - A Voice from Assam. Shri Rupam Barua, writer, senior journalist and ardent Tibet Supporter was felicitated during the meeting by the members for his long contribution to the Tibetan cause. The members discussed and chalked out plans and programs to further strengthen the Tibetan freedom movement in Northeast India particularly to carry out a Tibet awareness campaign highlighting the significance of Brahmaputra River originating from Tibet with a cycle rally from Gelling in Arunachal Pradesh to Dhubri in Assam in coming days.

"Ride for Pride" Bike Campaign for Tibet by Tsering Yeshe concludes in Delhi



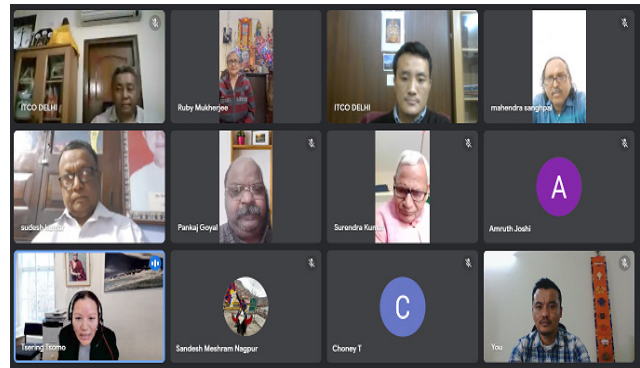
Tsering Yeshe with Indian TSGs Members and Students of Tibetan Youth Hostel, Delhi

16th Feb. Delhi: After riding for more than 19,000 km and covering almost all the States of India from Himachal Pradesh to Tamil Nadu and Gujarat to Arunachal Pradesh, "Ride for Pride" bike campaign for Tibet by Mr. Tsering Yeshe finally concluded in Delhi on 16th February, 2022. A brief concluding program was held at Tibetan Youth Hostel, Rohini, Delhi coordinated by India Tibet Coordination Office. The program was attended by Tibet Support Groups (TSGs) members including Shri Pankaj Goyal, General Secretary, Bharat TibbatSahyog Manch (BTSM); Shri Anil Monga, President, BTSM Delhi; Shri Radhe Shyam, BTSM Executive Member; Shri Abhishek Jain, President, Bharat TibbatSamvad Manch - Delhi, Shri JigmeyTsultrim, Coordinator, ITCO Delhi and staffs; and the Students of Tibetan Youth Hostel. Coordinator JigmeyTsultrim welcomed all the TSGs Members and Students of the hostel attending the program. He introduced about the campaign carried out by Mr. Tsering Yeshe since 22nd March, 2021 starting from Dharamshala, Himachal Pradesh riding across all over India creating awareness on Tibet to the gathering. Mr. Tsering Yeshe was later

felicitated and honored by the Tibet Support Groups Members and President of Student Council, Tibetan Youth Hostel with the presentation of a souvenir book “Hands Off Tibet, Communist China”. Shri Pankaj Goyal lauded the efforts of Mr. Tsering Yeshe for carrying out the campaign for Tibet on his own as he said that it is the duty of every Tibetans to work for the cause of Tibet and further shared that he being an Indian will keep fighting for Tibet until Tibet is free from the evil hands of Communist China as he firmly believes that Tibet’s freedom is India’s security. Shri Abhishek Jain was glad to meet Mr. Tsering Yeshe as he mentioned that someone can occupy your land but if the spirit for your country is alive inside you as Mr. Tsering Yeshe has shown through his work, it is not far when you can get your land back. He urged the students to keep the spirit for Tibet alive and keep fighting for one’s land. Mr. Tsering Yeshe in his address shared about the purpose behind taking on the bike ride campaign and the whole experience of his campaign journey. He said that he carried out the campaign for two reasons. First, to offer his gratitude to His Holiness the 14th Dalai Lama under whose guidance and blessing, we all Tibetans have been striving since last 60 years in exile and have been working tirelessly for Tibet and Tibetans. Second, awakening every Tibetans to work for the Tibetan cause as it isn’t the duty only of Tibetan administration and Tibetan NGOs to always carry out activities and campaign for Tibet but duty of every individual Tibetans in their personal capacity to work for Tibet. He offered his thanks to all the Indian Tibet Support Groups Members, Tibetan Settlement Offices, Tibetan NGOs, Students Associations and all other individuals for their help and support in successful completion of his campaign. Mr. Tsering Yeshe told the students that he had chosen to conclude his campaign in Tibetan Youth Hostel as he believes that students are the future of a country and interacting with them will ignite more future consequences as students being young and energetic, and nowadays smarter also. He urged them to participate actively in any activities and programs being carrying out on Tibet as they can contribute more to the cause of Tibet. He asked them to connect more with their Indian friends in colleges and tell the story of Tibet creating awareness among general Indian youths.

Core Group for Tibetan Cause - India held a virtual meeting to reconsolidate its work for Tibet
24th Feb. New Delhi: The apex body of Tibet Support Groups in India, Core Group for Tibetan Cause (CGTC-I) held a virtual meeting of its members

coordinated by India Tibet Coordination Office (ITCO) on Thursday, 24th February, 2022. The main agenda of the Core Group meeting was the reconsolidation of ongoing campaigns and projects in regard to the Tibetan cause by the Tibet Support Groups in India. In addition to that, there was sub agenda on administrative positioning update. Initiating the meeting, ITCO Program Officer Choney Tsering highlighted the developments around the world since the outbreak of Covid 19 pandemic from China. The developments in Sino-India relations since the Galwan incident in 2020 and the frequent PLA Soldiers incursion attempt into Indian Territory showing the evil mindset of China. The recent diplomatic boycott of Beijing 2022 Winter



Virtual Meeting of Core Group for Tibetan Cause - India

Olympics by many countries of the world including India. He further highlighted the critical situation inside Tibet. The recent destruction of 99 feet Buddha statue and 45 huge prayer wheels with the wrongful detention of Tibetans, imprisonment of monks and nuns, and torture in prisons which had been carried out by the Chinese police in Drakgo, Tibet. ITCO Deputy Coordinator Tenzin Jordan briefed the members on the activities, campaigns and programs being carried out by ITCO and Tibet Support Groups during the current financial year that was from April, 2021. The Core Group members then individually shared the activities and programs carried out by them in their respective jurisdiction during the past few months, and also laid out plans and programs to be carrying out by them in future to strengthen the Tibetan cause. Coordinator JigmeyTsultrim offered his thanks to all the members for their dedication and hard work for the Tibetan cause and informed about his transfer to a new office. He shared about his association with the members in this journey of Tibbat Mukti Sadhana and requested them to keep their spirit alive for the Tibetan cause. At the same time, he introduced the members to the new ITCO Coordinator designated Mrs. Tsering Tsomo, who joined the meeting as special invitee from Office of Tibet, London. Mrs.

Tsering Tsomo gave a brief introduction of her before the members and shared that she is looking forward to work with all the members with the new responsibility assigned to her. The members led by Shri Surendra Kumar, National Co-Convener, CGTC-I offered their heartfelt thanks to Coordinator Jigme/Tsultrim for his guidance, support and cooperation during the journey of Tibbat Mukti Sadhana. They appreciated his untiring work and efforts in bringing all the Indian Tibet Support Groups together for the Tibetan cause and wished him best for his new responsibility. The members congratulated and warmly welcomed Mrs. Tsering Tsomo as the new ITCO Coordinator and offered their best wishes for her new role and responsibility.

Tibet Support Groups across India commemorates the 63rd Tibetan National Uprising Day



TSGs in Kolkata and Jodhpur commemorating the 63rd Tibetan National Uprising Day

11th March, Delhi: Tibetans and Tibet Supporters around the world commemorated the 63rd Anniversary of Tibetan National Uprising Day on 10th March, 2022 to remember and pay tribute to the Tibetan martyrs who, on this day in 1959, gathered in Tibet's capital Lhasa to rise up against the Communist China's illegal occupation of Tibet. In India, Tibet Support Groups commemorated the day with organizing various activities and programs paying tribute to the Tibetan martyrs and protesting against the Communist Chinese Government. In Jharkhand's Hazaribagh, India Tibet Friendship Society (ITFS) observed the 63rd Tibetan National Uprising Day at Shagun Vatika, Chano Road, Hazaribagh with Former MP Shri Mahavir Lal Vishwakarma as Chief Guest and many Indian Tibet Supporters in attendance. The event was chaired by Shri Sudesh Kumar Chandravanshi, ITFS Hazaribagh President and Regional Convener, Core Group for Tibetan Cause - India, who briefed the gathering about the significance of the day and highlighted on the current situation of Tibet including severe human

rights violations by the Chinese Government and self-immolation carried out by Tibetans for the freedom and return of His Holiness the 14th Dalai Lama to Tibet. In Bihar's Patna, Muzaffarpur, Bhagalpur, Vaishali, Nawada and Sitamarhi; India Tibet Friendship Society observed the day with paying tribute to the Tibetan martyrs and organised a seminar on the freedom struggle of Tibet at the respective district chapters. ITFS Delhi in coordination with Loknayak Jayaprakash International Studies Development Centre organized a webinar on the topic "Tibbat ki Azadi aur Bharat ki Suraksha" in the evening. India Tibet Friendship Society also commemorated the day at Mau, Uttar Pradesh; Bhandara, Maharashtra; Jodhpur, Rajasthan and Odisha. ITFS Bengaluru observed the day by participating in a program organized by Tibetan community and Tibet Supporters in Bengaluru. Bharat Tibbat Sahyog Manch (BTSM) and its chapters across India observed the 63rd Tibetan National Uprising Day with protest and demonstration against the illegal occupation of Tibet by the Communist Chinese Government and paid tribute to the Tibetan martyrs who had sacrificed their lives for Tibet. BTSM also released a video wherein their members appeal to the Government and people of India to boycott China at every aspect to secure its border and help gain freedom for Tibet. In Assam, Free Tibet - A Voice from Assam observed the 63rd Tibetan Uprising Day with a lecture and interactive session on the importance of Tibetan freedom movement in collaboration with the Department of Political Science, Pragjyotish College in Guwahati. Shri. Soumyadeep Datta (Convener - Free Tibet, A Voice from Assam & Regional Convener, Core Group for Tibetan Cause - India) was the key speaker, whose thought-provoking lecture brought a new awakening amongst the audience regarding the significance of Tibetan freedom movement for Assam as well as India. The lecture was attended by Dr. Jagadindra Raychoudhury (President - governing body of Pragjyotish College), Dr. Manoj Kr Mahanta (Principal, Pragjyotish College), Sri. Navadeep Das (Head of Political Science Department, Pragjyotish College), Dr. Monojit Kr Majumdar (Department of Geography), Dr. Sampa Choudhury (Vice Principal, Pragjyotish College), Smt. Arpita Das (Dept of Political Science). In West Bengal's capital Kolkata, Smt. Ruby Mukherjee, Regional Convener, Core Group for Tibetan Cause - India joined by Tibet Supporters staged a demonstration in front of the Chinese Consulate against the illegal occupation of Tibet by the Communist China and demanding the stop to human rights violations in Tibet. In Arunachal Pradesh led by Shri Lhundup

Chosang, President of Bharat TibbatSahyog Manch - Tawang District, Tibet Support Groups comprising of Bharat TibbatSahyog Manch and India Tibet Friendship Society in association with TawangRangdenTsokchung, NGOs and Tibet Supporters organized a peace rally from Tawang Monastery to General Parade Ground raising slogans against the illegal occupation of Tibet by the Communist Chinese Government and at the same time, voicing in support for the freedom in Tibet. In Himachal Pradesh, India Tibet Friendship Association (ITFA), Mandi President Shri Vishal Thakur and members observed the day by participating in a program organized by the Tibetan community in Mandi. In Jammu & Kashmir, Haryana, Rajasthan, Delhi, Telangana, Karnataka, Tamil Nadu and Puducherry; Bharat TibbatSamvad Manch observed the day paying tribute to the Tibetan martyrs who sacrificed their lives for Tibet. They condemned the illegal occupation of Tibet by the Communist China and called for the freedom of Tibet. On the occasion, they prayed for the long live of His Holiness the 14th Dalai Lama, his ultimate return to Potala Palace in Lhasa and justice and victory for Tibet.

Program on Women Empowerment and Modern India organized by Himalaya Pariwar



Tibetan representatives at the program

14th March, New Delhi: Observing the International Women’s Week, HimalayaPariwar - an Indian Tibet Support Group organized a program on Women

Empowerment and Modern India at Constitution Club, Rafi Marg, New Delhi on Sunday, 13th March, 2022. The program was graced by Dr. Alka Gurjar, National Secretary, Bharatiya Janata Party (BJP) as the Chief Guest; Smt. Indu Goswami, MP Rajya Sabha, Himachal Pradesh; and Dr. Shahid Akhtar, Member, National Commission for Minority Educational Institutions (NCMEI), Govt. of India as the main speakers; Acharya Yeshe Phuntsok, Former Deputy Speaker, Tibetan Parliament-in-Exile; Ms. Nupur Sharma, National Spokesperson, BJP; Dr. Navneet Guleria, Director, Himalaya Welfare Foundation; Ms. Shalini Ali, National Convener, Muslim Rashtriya Manch - Women Wing; and Capt. Sanjay Parashar, Social Activist were the special guests. The program was attended by various NGOs of Himachal Pradesh and Tibetan representatives including Regional Tibetan Women Association, Tibetan nurses from Tibetan Health Centre, Office Secretary of Tibetan Settlement Office, Samyeling, Majnukatilla and Staffs of India Tibet Coordination Office were also present at the program. The dignitaries spoke on the important role women played in the society and the need to empower them wherever possible to develop a society and ultimately a country. Acharya Yeshe Phuntsok shared about the bravery and courage of Tibetan women who rise up against the illegal occupation of Tibet by Communist China on 12th March, 1059 in Lhasa where hundreds of women were murdered and thousands were imprisoned and tortured. He also highlighted the important status of women in Tibetan society. During the program, NGOs and individual women from different fields were felicitated for their exemplary service rendered for the betterment of the society and country as a whole. The members of RTWA Samyeling and Nurses from Tibetan Health Centre, Majnukatilla were also felicitated for their service especially during the pandemic. The program concluded with cultural performance of songs and dances by aspiring women artists.

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